



2006 Nutrient Content of Master Foods USA Frozen Products

Guida's Order Code	BRAND	Serving Size		Calories		Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbs		Dietary Fiber		Sugars	Protein	Vit A	Vit C	Calcium	Iron
		fl. Oz.	g	Kcal	Kcal	g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g	%DV	g	g	%DV	%DV	%DV	%DV
# 8323	Snickers Ice Cream Bar	2.66	67	240	140	15	23	8	40	0	15	5	80	3	24	8	1	4	20	4	2	0	6	0
# 8874	TWIX Ice Cream Bar	2.50	60	230	120	13	20	9	45	0	15	5	70	3	25	8	0	0	20	2	2	0	6	0
# 8872	Milky Way Ice Cream Bar	3.00	68	230	120	14	22	10	50	0	20	7	70	3	25	8	1	4	22	3	2	0	8	0
# 8861	M&M'S Cookie Ice Cream Sandwich	4.25	86	260	110	12	18	7	35	0	30	10	170	7	34	11	0	0	24	3	4	0	6	2
# 8859	DOVEBar Single Milk Chocolate w/Almonds	3.67	95	340	200	23	35	13	65	0	35	12	135	6	28	9	1	4	24	6	6	0	10	2
# 8858	DOVEBar Single Triple Chocolate	3.67	98	340	200	22	34	13	65	0	30	10	50	2	35	12	3	12	28	4	6	0	8	8
# 8860	DOVEBar Single Original DOVE Chocolate	3.67	96	320	190	21	32	13	65	0	35	12	40	2	32	11	2	8	26	4	6	0	8	4
# 8857	DOVEBar Single Milk Chocolate	3.67	95	330	190	21	32	13	65	0	40	13	60	3	31	10	1	4	27	4	6	0	10	0
		Cup	g																					
# 7408	DOVE BEYOND VANILLA	1/2	107	240	140	15	23	10	50	0	50	17	60	3	23	8	0	0	20	4	8	0	10	0
	DOVE CHOCOLATE & CHERRY COURTSHIP	1/2	100	270	150	16	25	11	55	0	45	15	55	2	27	9	1	4	23	4	8	*	10	*
# 7400	DOVE CARAMEL PECAN PERFECTION	1/2	107	300	160	18	28	11	55	0	50	17	95	4	30	10	1	4	25	4	8	0	10	0
	DOVE BUTTER PECAN PLEASURE	1/2	101	290	180	20	31	11	55	0	45	15	80	3	25	8	1	4	21	4	8	*	10	2
# 7407	DOVE GIVE IN TO MINT	1/2	107	300	160	18	28	12	60	0	45	15	75	3	30	10	1	4	24	4	8	0	10	2
# 7405	DOVE IRRESISTIBLY RASPBERRY	1/2	107	240	110	13	20	8	40	0	30	10	40	2	29	10	1	4	21	3	6	2	8	0
# 7401	DOVE UNCONDITIONAL CHOCOLATE	1/2	107	290	160	17	26	11	55	0	40	13	65	3	31	10	2	8	27	4	8	0	10	4
# 7406	DOVE VANILLA WITH A CHOCOLATE SOUL	1/2	107	290	160	18	28	12	60	0	45	15	75	3	29	10	1	4	23	4	8	0	10	2
# 7402	DOVE CHOCOLATE & BROWNIE AFFAIR	1/2	107	300	170	19	29	11	55	1.5	50	17	65	3	30	10	1	4	25	4	8	0	10	2